

DW SIEVERT M.D., INC.

7766 N. Palm Ave., SUITE 107

FRESNO, CA 93711

Ph. 559-435-0800 Fax. 559-435-7720

WELCOME TO OUR PRACTICE

Thank you for scheduling your appointment with our providers. We look forward to meeting you!

GENERAL INFORMATION

Please arrive 30 minutes prior to the first appointment with your paperwork completely filled out (prior to your arrival), along with your insurance card(s) and any other paperwork requested by our office.

Directions: Take Herndon to Palm. Turn north on Palm. Before you get to the Nees light we are on the right corner, next to Suncrest Bank.

It is our office policy that you provide us with payment in full at the time of the first visit, unless you are part of an HMO/PPO that provides us with a specific co-pay amount which you are required to pay at the time of service. Otherwise, please contact our office in advance of your appointment to be told the exact amount you will need to pay at the time of your first visit. We will bill your insurance and, if they pay for your services, we will apply your initial payment towards your account.

Please read and complete all forms!

→ You will need to bring in:

1. Mental Health Intake questionnaire - **FULLY COMPLETED**
2. Return all other forms in this packet, signed and initialed.
3. A **CLEAR** copy of the **FRONT** and **BACK** of all your insurance card(s) 7 days prior to your appointment.

→ It is your responsibility to contact your insurance company to open your case for pre-authorization for treatment and confirm benefits before your first appointment:

1. Call your insurance company and get a prior authorization for “**Outpatient Mental Health**” services.
2. Ask for the “**Insurance Claim Mailing Address**” to submit your mental health claims.

You may also bring this information into the office before your appointment and we will gladly copy your insurance card(s) for you and help you complete the packet. You may also e-mail your completed packet to DWSMD@mysecurechart.com.

OFFICE POLICIES

APPOINTMENTS

Patients are seen only by appointment. Before you first visit, please complete all of the forms which have been sent to you and be sure to bring them with you to your first appointment.

You will not be seen in our office unless all forms are filled out prior to your visit.

This will allow the office staff and the providers to serve you in the most time efficient manner possible. If this information cannot be completed prior to your appointment, please arrive one hour early in order to complete the forms. If they are already complete, **please arrive 30 minutes before your first appointment** so that the staff can prepare your chart.

Upon arrival at the office for any appointment, always check in with the receptionist so that the providers can be informed that you arrived.

PRESCRIPTION REFILL POLICY

During your appointment, your provider will write a prescription with the number of refills he/she feels is needed and safe. With your last refill, ensure you have an appointment with your provider for a medication refill at least two weeks before your medication runs out. At the time of your appointment, your provider will review your medications and write for appropriate refills. Medication refills will not be authorized over the phone or by fax.

Please remind your provider if you require a 90 day prescription and clarify the pharmacy we have on record is correct.

Patients are asked to respect the privacy and time concerns of patients who have appointments. In consideration of both patients and providers, patients are reminded not to walk in to the clinic to request a prescription refill. Certain controlled substances may require a monthly appointment.

CANCELLATIONS / MISSED APPOINTMENTS:

When you schedule an appointment, that time is reserved specifically for you. Appointment reminder sheets are printed on your check-out sheet whenever subsequent appointments are scheduled at the office. **It is the patient's responsibility to remember and keep scheduled appointments.** A minimum of 24 hours notice is required for canceling or re-scheduling an appointment.

You will be charged **\$100** for missed appointments and appointments which are canceled with less than 24 hours notice.

DISCHARGE:

Three consecutive no shows or three consecutive cancellations will trigger an automatic discharge from our practice unless indicated otherwise by your provider.

FINANCIAL RESPONSIBILITY:

- Co-pays or deductibles are due at time of service.
- A minimum of \$20.00 will be collected on all services with a deductible or where a deductible applies. Applicable adjustments will be made once your insurance carrier has paid for services rendered.
- Cash discounts are given only at the time of the appointment when **paid in full** at check-in.
- Missed Appointment / Late Cancellation Fees \$100.00

PAYMENT:

Co-pays and Deductibles are collected prior to your appointment when you check-in. **If you have no insurance, payment in full is required and must be paid prior to your appointment at the time of check-in.**

Many insurance plans require prior authorization for mental health services. It is the patient's responsibility to obtain the authorization for the first visit. We are happy to bill your Insurance with the information you provide us, however, payment by your insurance company is not guaranteed. If your claim is denied or there is lack of authorization, you are responsible for the billed amount.

CONFIDENTIALITY AND RELEASE OF INFORMATION

Information disclosed within sessions and the written records pertaining to those sessions are confidential and will not be released to anyone without the written consent of the patient or the parent/guardian, in the case of minors and/or dependent adults, except where DW Sievert, M.D., Inc. is mandated by California law to report otherwise confidential information. Circumstances which are required by law to be reported are:

1. Patients who pose an imminent threat of danger to themselves or others.
2. Instances of suspected abuse or neglect of a child (physical, sexual and/or emotional abuse).
3. Instances of suspected abuse or neglect of a dependent adult.

Disclosure may also be required pursuant to a legal proceeding. If you place your mental status at issue in litigation initiated by you, the defendant may have the right to obtain the psychotherapy records and/or testimony from DW Sievert, M.D., Inc. In couple and family therapy, or when different family members are seen individually, confidentiality and privilege do not apply between the couple or among family members. Providers will use their clinical judgment when revealing such information.

Disclosure of confidential information may be required by your health insurance or workman's compensation carrier, or HMO/PPO/MCO/EAP in order to process your claims. Only the minimum necessary information will be communicated to the carrier. Providers have no knowledge or control over what insurance companies do with the information submitted and assumes no responsibility for any actions which result from a third party misusing or re-releasing such information without his expressed consent.

As a patient, you have the right to review or receive a summary of your records at any time (with notice of 10 or more working days), except in limited legal or emergency circumstances or when DW Sievert, M.D., Inc. assesses that releasing such information might be harmful in any way. In such circumstances DW Sievert, M.D., Inc. may provide the records to a qualified mental health professional of your choice and that individual may then choose to review the information with you if it is deemed clinically appropriate. You will be charged an appropriate fee for any preparation time which is required to comply with an information request.

All other requests to release information regarding your treatment and your condition must be authorized in writing specifically allowing the release of psychiatric records. DW Sievert, M.D., Inc. will provide you with a Release of Information form or you may choose to place your request in writing. There will be no charge for releasing records to other treating medical or mental health professionals. For all other requests to copy records, there will be a minimum charge of \$25.00 to cover the expenses of photocopying, postage and handling.

FINANCIAL AGREEMENT & OFFICE BILLING / INSURANCE POLICIES

1. I understand that professional services are rendered and charged to the patient and not to the insurance company. Not all issues/conditions/problems which are the focus of psychotherapy or an evaluation are reimbursed by insurance companies. It is my responsibility to verify the specifics of my coverage. I am responsible for payment for any services or charges not covered by my insurance. I understand that this office does not assume responsibility for claim denials, claim disputes, or for insurance payment of my account.
2. I agree to pay all deductibles, co-payments, and/or co-insurance amounts not paid by my insurance(s). These will be paid at the time services are rendered, unless other arrangements have been made. Under no circumstances does this office accept liens as payment on an account.
3. I understand that if my insurance(s) require a referral from my primary care physician, DW Sievert, M.D., Inc. must have verification of the referral **prior** to my first appointment. I will bring my insurance information or insurance card(s) to my first appointment so that the office can properly identify my program(s).
4. I authorize the release of information concerning my treatment or the treatment of my dependent(s) to my insurance company(s), including that an insurance company representative may review the clinical record.
5. I authorize direct payment by my insurance company(s) to DW Sievert, M.D., Inc.
6. I accept ultimate responsibility for payment for the services that I or my dependent(s) receive, whether or not my insurance(s) cover these services. This includes, but is not limited to fees for: clinical services or treatment, failed appointments and/or appointments not cancelled with 24 hours, report/letter writing, time spent in court or talking with attorneys on my behalf or the behalf of my dependent(s), telephone conversations longer than 5 minutes, site visits, reading records, longer sessions, travel time, etc.
7. I understand that I will receive a statement if I have an outstanding balance on my account, and I am to pay any portion that is my responsibility within 15 days of receipt of a statement. A finance charge of \$15 per month may be added to my account if payment is overdue.
8. I understand that there will be a \$35.00 service fee for any checks returned by my bank due to nonsufficient funds, closed accounts, etc. I agree to accept full responsibility for such fees. The amount of the returned check, plus the service fee, must be paid within 10 days of written notice.
9. I will notify the Office if any problem arises regarding my ability to make timely payments. If my account is overdue (unpaid) and there is no agreement on a payment plan, I understand that this office can use legal means (court, collection agency, etc.) to obtain payment.
10. I am aware of DW Sievert, M.D., Inc.'s office policy requiring 24 hour notice to cancel an appointment. I understand that I may notify the office staff or the answering service of my intention to cancel an appointment. I further acknowledge that I will be charged \$100.00 for any appointment which I or my dependent(s) fail to keep without providing 24 hour notice.

My signature below signifies that I have read, understood, and agree to the above terms of the office policies, this financial agreement and office billing/insurance policies.

Patient Name (Printed)

Responsible Party (Printed) (If patient is a minor or dependent adult)

Signature of Responsible Party

Date

DW SIEVERT M.D., INC.

Patient Registration

Are these services Court ordered? Yes No

PATIENT INFORMATION New Patient Information Update

Patient Name: Social Security #:
Date of Birth: Sex: Male Female Marital Status: Married Single Other
Address: City: State: Zip:
Email Address:
Primary Contact Phone: Secondary Phone:
Employer: Occupation:
Work Address: City: State: Zip:
Education Level: Highest Grade Completed:
Race: Asian Black Native American White More than one race Preferred Language:
Ethnicity: Hispanic Non-Hispanic
Smoking Status: Current Smoker: Yes No History of Smoking: Yes No Stop Date:
Emergency Contact: Relationship: Phone:
Referring Physician: Driver's License #: Medication Allergies
Mild Moderate Severe

SPOUSE / PARTNER INFORMATION (If relevant)

Spouse/Partner Name:
Date of Birth: Sex: Male Female
Address: City: State: Zip:
Home Phone: Work Phone:
Employer: Occupation:

FINANCIAL RESPONSIBILITY (Must complete if patient/client is under 18 years of age)

Responsible Party: Social Security #:
Relationship to Subscriber: Date of Birth:
Address: City: State: Zip:
Home Phone: Work Phone: Cell Phone:
Employer: Occupation:

INSURANCE INFORMATION (Must complete ALL the information below in order to bill your Insurance)

Primary Insurance: Subscriber Name:
Subscriber Date of Birth: Subscriber ID #: Group #:
Claim Mailing Address: City: State: Zip:
Relationship to Patient:
Secondary Insurance: Subscriber Name:
Subscriber Date of Birth: Subscriber ID #: Group #:
Claim Mailing Address: City: State: Zip:
Relationship to Patient:

PHARMACY INFORMATION (PLEASE FILL OUT COMPLETELY WITH CORRECT ADDRESS AND PHONE NUMBER)

Pharmacy Name:
Address: City: State: Zip:
Cross Street: Pharmacy Phone#:
Mail Order Pharmacy Phone #: Pharmacy Fax #:

SIGNATURE and DATE

Patient or Responsible Party: Date:

DW SIEVERT M.D., INC.

Authorization to Obtain Protected Health Information (PHI)

Patient Name: _____ Date of Birth: _____

I hereby authorize the use or disclosure of PHI on the above named individual which may contain medical, mental health, or substance abuse history and treatment information.

Name of organization or individual authorized to disclose the information:

Name: _____ Relationship: _____

Name: _____ Relationship: _____

Are there any restrictions on PHI to be disclosed? Yes No

_____ No one other than myself may have access to my medical records:

May our office leave a message on your answering machine? Yes No

I consent to the use or disclosure of my protected health information by DW SIEVERT M.D., Inc. for the purposes of diagnosis of providing treatment to me, obtaining payment for my health care bills or to conduct health care operations of DW SIEVERT M.D., Inc. I understand that diagnosis or treatment of me by DW SIEVERT M.D., Inc. may be conditioned upon my consent as evidenced by my signature on this document.

I understand that I have the right to request a restriction as to how my protected health information (PHI) is used or disclosed to carry out treatment, payment or healthcare operations of the practice. DW SIEVERT M.D., Inc. is not required to agree to the restrictions that I may request. However, if DW SIEVERT M.D., Inc. agrees to restriction that I request, the restriction is binding on DW SIEVERT M.D., Inc. I have the right to revoke this consent, in writing, at any time, except to the extent that DW SIEVERT M.D., Inc. has taken action in reliance on this consent.

My PHI means health information, including my demographic information, collected from me and created or received by my physician, another health care provider, a health plan, my employer or a health care clearing house. This PHI relates to my past, present or future physical or mental condition and identifies me, or there is a reasonable basis to believe the information may identify me. I understand that the "Notice of Privacy Practices" describes how DW SIEVERT M.D., Inc. may disclose and use my protected health information (PHI). I am encouraged to read the "Notice of Privacy Practices" in full.

Signature: _____
(Patient Signature or Authorized Representative and relationship)

Date: _____

Printed Name: _____

DW SIEVERT M.D., INC.
HIPPA Information and Consent Form

The Health Insurance Portability and Accountability Act (HIPAA) provide safeguards to protect your privacy. Implementation of HIPAA requirements officially began on April 14, 2003. Many of the policies have been *our* practice for years. This is a read "friendly" version. A complete text is posted in the office.

What this is all about: Specifically, there are rules and restrictions on who may see or be notified of your Protected Health information (PHI). These restrictions do not include the normal interchange of information necessary to provide you with office services. HIPAA provides certain rights and protections to you as the patient. We balance these needs with our goal of providing you with quality professional service and care. Additional information is available from the U.S. Department of Health and Human Services. www.hhs.gov

We have adopted the following policies:

1. Patient information will be kept confidential except as is necessary to provide services or to ensure that all administrative matters related to your care are handled appropriately. This specifically includes the sharing of information with other healthcare providers, laboratories, health insurance payers as is necessary and appropriate for your care. Patient files may be stored in open file racks and will not contain any coding which identifies a patient's condition or information which is not already a matter of public record. The normal course of providing care means that such records may be left, at least temporarily, in administrative areas such as the front office, examination room, etc. Those records will not be available to persons other than office staff. You agree to the normal procedures utilized within the office for the handling of charts, patient records, PHI and other documents or information.
2. It is the policy of this office to remind patients of their appointments. We may do this by telephone, e-mail, U.S. mail, or by any means convenient for the practice and/or as requested by you. We may send you other communications informing you of changes to office policy and new technology that you might find valuable or informative.
3. The practice utilizes a number of vendors in the conduct of business. These vendors may have access to PHI but must agree to abide by the confidentiality rules of HIPAA.
4. You understand and agree to inspections of the office and review of documents which may include PHI by government agencies or insurance payers in normal performance of their duties.
5. You agree to bring any concerns or complaints regarding privacy to the attention of the office manager or the doctor.
6. Your confidential information will not be used for the purposes of marketing or advertising of products, goods or services.
7. We agree to provide patients with access to their records in accordance with state and federal laws.
8. We may change, add, delete or modify any of these provisions to better serve the needs of both the practice and the patient.
9. You have the right to request restrictions in the use of your protected health information and to request change in certain policies used within the office concerning your PHI. However, we are not obligated to alter internal policies to conform to your request.

I hereby consent and acknowledge my agreement to the terms set forth in the HIPAA INFORMATION FORM and any subsequent changes in office policy. I understand that this consent shall remain in force from this time forward.

Print Patient Name: _____

Date: _____

Signature _____

Date _____

Mental Health Intake Form

Please complete all information on this form and bring it to your first office visit.

Patient Name: _____

Date of Birth _____ Primary Care Physician _____

Do you give permission for ongoing regular updates to be provided to your primary care physician?

Yes No

Current Therapist/Counselor _____ Therapist's Phone _____

Referred by: _____

What are the problem(s) for which you are seeking help?

1. _____
2. _____
3. _____

What are your treatment goals?

Current Symptoms Checklist: (check once for any symptoms present, twice for major symptoms)

- | | | |
|--|---|--|
| <input type="checkbox"/> Depressed mood | <input type="checkbox"/> Increased libido | <input type="checkbox"/> Excessive worry |
| <input type="checkbox"/> Unable to enjoy activities | <input type="checkbox"/> Decreased libido | <input type="checkbox"/> Anxiety attacks |
| <input type="checkbox"/> Loss of interest | <input type="checkbox"/> Impulsivity | <input type="checkbox"/> Avoidance |
| <input type="checkbox"/> Concentration/forgetfulness | <input type="checkbox"/> Increased risky behavior | <input type="checkbox"/> Hallucinations |
| <input type="checkbox"/> Increase in appetite | <input type="checkbox"/> Decreased need for sleep | <input type="checkbox"/> Suspiciousness |
| <input type="checkbox"/> Decrease in appetite | <input type="checkbox"/> Increased need for sleep | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Excessive guilt | <input type="checkbox"/> Excessive energy | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Increased Irritability | |
| <input type="checkbox"/> Racing thoughts | <input type="checkbox"/> Crying spells | |

Suicide Risk Assessment

Have you ever had feelings or thoughts that you didn't want to live? Yes No. If YES, please answer the following. If NO, please skip to the next section.

Do you currently feel that you don't want to live? Yes No

How often do you have these thoughts? _____

When was the last time you had thoughts of dying? _____

Has anything happened recently to make you feel this way? _____

On a scale of 1 to 10, (ten being strongest) how strong is your desire to kill yourself currently? _____

Would anything make it better? _____

Have you ever thought about how you would kill yourself? _____

Is the method you would use readily available? _____

Have you planned a time for this? _____

Is there anything that would stop you from killing yourself? _____

Do you feel hopeless and/or worthless? _____

Have you ever tried to kill or harm yourself before? _____

Do you have access to guns? If yes, please explain. _____

Past Medical History:

Medication Allergies _____ Current Weight _____ Height _____
 Mild Moderate Severe

List ALL current prescription medications and how often you take them: (if none, write none)

Medication Name	Total Daily Dosage	Estimated Start Date

Current over-the-counter medications or supplements: _____

Current medical problems: _____

Past medical problems, nonpsychiatric hospitalization, or surgeries: _____

Have you ever had an EKG? Yes No If yes, when _____

Was the EKG? normal abnormal unknown

For women only:

Date of last menstrual period: _____

Are you currently pregnant or do you think you might be pregnant? Yes No

Are you planning to get pregnant in the near future? Yes No

Birth control method _____ How many times have you been pregnant? _____

How many live births? _____

Do you have any concerns about your physical health that you would like to discuss with us? Yes No

Date and place of last physical exam: _____

Personal and Family Medical History:

	You	Family	Which Family Member?
Thyroid Disease	<input type="checkbox"/>	<input type="checkbox"/>	_____
Anemia	<input type="checkbox"/>	<input type="checkbox"/>	_____
Liver Disease	<input type="checkbox"/>	<input type="checkbox"/>	_____
Kidney Disease	<input type="checkbox"/>	<input type="checkbox"/>	_____
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	_____
Asthma/respiratory problems	<input type="checkbox"/>	<input type="checkbox"/>	_____
Stomach problems	<input type="checkbox"/>	<input type="checkbox"/>	_____
Cancer (type)	<input type="checkbox"/>	<input type="checkbox"/>	_____

You Family Which Family Member?

Fibromyalgia	<input type="checkbox"/>	<input type="checkbox"/>	_____
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	_____
Epilepsy (seizures)	<input type="checkbox"/>	<input type="checkbox"/>	_____
Chronic Pain	<input type="checkbox"/>	<input type="checkbox"/>	_____
High Cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	_____
High blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	_____
Head trauma	<input type="checkbox"/>	<input type="checkbox"/>	_____
Liver problems	<input type="checkbox"/>	<input type="checkbox"/>	_____
Other	<input type="checkbox"/>	<input type="checkbox"/>	_____

Is there any additional personal or family medical history? Yes No If yes, please explain: _____

When your mother was pregnant with you, were there any complications during the pregnancy or birth?

Past Psychiatric History:

Outpatient treatment Yes No If yes, Please describe when, by whom, and nature of treatment.

Reason	Dates Treated	By Whom
_____	_____	_____

Psychiatric Hospitalization Yes No If yes, describe for what reason, when and where.

Reason	Dates Treated	By Whom
_____	_____	_____

Past Psychiatric Medications: If you have ever taken any of the following medications, please indicate the dates, dosage, and how helpful they were (if you can't remember all the details, just write in what you do remember).

	Dates	Dosage	Response/Side-effects
Antidepressants			
Prozac (fluoxetine)	_____	_____	_____
Zoloft (sertraline)	_____	_____	_____
Paxil (paroxetine)	_____	_____	_____
Celexa (citalopram)	_____	_____	_____
Lexapro (escitalopram)	_____	_____	_____
Effexor (venlaxine)	_____	_____	_____
Cymbalta (duloxetine)	_____	_____	_____
Wellbutrin (bupropion)	_____	_____	_____
Remeron (mirtazapine)	_____	_____	_____
Serzone (nefazodone)	_____	_____	_____
Anafranil (clomipramine)	_____	_____	_____
Pamelor (nortrptyline)	_____	_____	_____
Trofranil (imipramine)	_____	_____	_____

Past Psychiatric medications (continued) Dates Dosage Response/Side-effects

Vilbryd _____
Fetzima _____
Prisq _____
Trazodone (desyrel) _____
Elavil (amitriptyline) _____
Other: _____

Mood Stabilizers

Tegretol (carbamazepine) _____
Lithium _____
Depakote (valproate) _____
Lamictal (lamotrigine) _____
Tegretol (carbamazepine) _____
Topamax (topiramate) _____
Latuda _____
Invega _____
Other: _____

Antipsychotics/Mood Stabilizers

Seroquel (quetiapine) _____
Zyprexa (olanzepine) _____
Geodon (ziprasidone) _____
Abilify (aripiprazole) _____
Clozaril (clozapine) _____
Haldol (haloperidol) _____
Prolixin (fluphenazine) _____
Risperdal (risperidone) _____
Other: _____

Sedative/Hypnotics

Ambien (zolpidem) _____
Sonata (zaleplon) _____
Rozerem (ramelteon) _____
Restoril (temazepam) _____
Other: _____

ADHD medications

Adderall (amphetamine) _____
Concerta
(methylphenidate) _____
Ritalin (methylphenidate) _____
Strattera (atomoxetine) _____
Vyvanse _____
Other: _____

Anti-anxiety medications

Xanax (alprazolam) _____

Past Psychiatric medications (continued) Dates Dosage Response/Side-effects

Ativan (lorazepam) _____
 Klonopin (clonazepam) _____
 Valium (diazepam) _____
 Tranxene (clorazepate) _____
 Buspar (buspirone) _____
 Other: _____

Your Exercise Level:

Do you exercise regularly? Yes No
 How many days a week do you get exercise? _____
 How much time each day do you exercise? _____
 What kind of exercise do you do? _____

Has anyone in your family been diagnosed with or treated for:

Bipolar disorder	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Schizophrenia	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Depression	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Post-traumatic stress	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Anxiety	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Alcohol abuse	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Anger	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Other substance abuse	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Suicide	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Violence	<input type="checkbox"/> Yes	<input type="checkbox"/> No

If yes, who had each problem? _____

Has any family member been treated with a psychiatric medication? Yes No

If yes, who was treated, what medications did they take, and how effective was the treatment?

Substance Use:

Have you ever been treated for alcohol or drug use or abuse? Yes No

If yes, for which substances? _____

If yes, where were you treated and when? _____

How many days per week do you drink any alcohol? _____

What is the least number of drinks you will drink in a day? ____ What is the most? ____

In the past three months, what is the largest amount of alcoholic drinks you have consumed in one day? _____

Have you ever felt you ought to cut down on your drinking or drug use? Yes No

Have people annoyed you by criticizing your drinking or drug use? Yes No

Have you ever felt bad or guilty about your drinking or drug use? Yes No

Have you ever had a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover? Yes No

Do you think you may have a problem with alcohol or drug use? Yes No

Have you used any street drugs in the past 3 months? Yes No If yes, which ones? _____

Have you ever abused prescription medication? Yes No If yes, which ones and for how long? _____

Check if you have ever tried the following:

			If yes, how long and when did you last use?
Methamphetamine	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Cocaine	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Heroin	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
LSD or Hallucinogens	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Marijuana	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Pain killers (not as prescribed)	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Methadone	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Tranquilizer/sleeping pills	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Ecstasy	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Alcohol	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Other	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____

How many caffeinated beverages do you drink a day? Coffee _____ Sodas _____ Tea _____

Tobacco History:

How many packs per day on average? _____ How many years? _____
 In the past? Yes No How many years did you smoke? _____ When did you quit? _____
 Pipe, cigars, or chewing tobacco: Currently? Yes No In the past? Yes No
 What kind? _____ How often per day on average? _____ How many years? _____

Family Background and Childhood History:

Were you adopted? Yes No Where did you grow up? _____
 List your siblings and their ages _____

What was your father's occupation? _____

What was your mother's occupation? _____

Did your parents' divorce? Yes No If so, how old were you when they divorced? _____

If your parents divorced, who did you live with? _____

Describe your father and your relationship with him: _____

Describe your mother and your relationship with her: _____

How old were you when you left home? _____

Has anyone in your immediate family died? Who and when? _____

Trauma History:

Do you have a history of being abused emotionally, sexually, physically or by neglect? Yes No
 Please describe when, where and by whom: _____

Educational History:

Highest Grade Completed? _____ Where: _____

Did you attend college? Yes No Where: _____

What is your highest educational level or degree attained? _____

Are you currently: Working Student Unemployed Disabled Retired

How long in present position? _____ What is/was your occupation? _____

Where do you work? _____

Have you ever served in the military? Yes No If so, what branch and when? _____

Honorable discharge Yes No Other type discharge: _____

Relationship History and Current Family:

Are you currently: Married Partnered Divorced Single Widowed How long? _____

If not married, are you currently in a relationship? Yes No If yes, how long? _____

Are you sexually active? Yes No

How would you identify your sexual orientation? straight/heterosexual lesbian/gay/homosexual

bisexual transsexual unsure/questioning asexual other prefer not to answer

What is your spouse or significant other's occupation? _____

Describe your relationship with your spouse or significant other: _____

Have you had any prior marriages? Yes No If so, how many? _____ How long? _____

Do you have children? Yes No If yes, list ages and gender: _____

Describe your relationship with your children: _____

List everyone who currently lives with you: _____

Legal History:

Have you ever been arrested? _____

Do you have any pending legal problems? _____

Spiritual Life:

Do you belong to a particular religion or spiritual group? Yes No

If yes, what is the level of your involvement? _____

Do you find your involvement helpful during this illness, or does the involvement make things more difficult or stressful for you? more helpful stressful

Is there anything else that you would like us to know? _____

Signature: _____

Date: _____

Parent/Guardian Signature:
(if under age 18) _____

Date: _____

Emergency Contact: _____

Phone # _____

For Office Use Only:

Reviewed by: _____

Date: _____

Dwight W. Sievert M.D. Inc.

Contract for Controlled Substances Prescriptions

Controlled substance medications (i.e., benzodiazepines, Suboxone, and stimulants) are very useful, but have potential for misuse; therefore, they are controlled by local, state and federal government. They are intended to improve function and/ or ability to work, not simply to feel good. Because my provider is prescribing such medications for me to help manage my condition, I agree to the following conditions:

1. **I am responsible for my controlled substance medications.** If the prescription of medications is lost, misplaced, or stolen, or if I use it up sooner than prescribed, I understand that it will not be replaced. **(PATIENT INITIAL _____)**
2. **I will not request or accept controlled substance medication from any other physician or individual while I am receiving such medication from Dwight W. Sievert, M.D., INC.** Besides being illegal to do so, it may endanger my health. The only exception is if it is prescribed while I am admitted to a hospital. **(PATIENT INITIAL _____)**
3. **Refills of controlled substance medication:**
 - A. **Will not be made if "I run out early."** I am responsible for tracking the medication in the dose prescribed and for keeping track of the amount of remaining.
 - B. **Will not be made as an "emergency."** Such as Thursday afternoon because I suddenly realize that I will run out tomorrow and the office will be closed (weekends/holidays) **I will call at least seventy-two(72) hours in advance if I need assistance with a controlled medication prescription.**
 - C. **No controlled medications will be ordered when the office is closed.** **(PATIENT INITIAL _____)**
4. **I understand the importance of following my treatment plan as directed by my physician/provider and agree:**
 - A. **To keep my appointment (including follow-ups and any referrals)**
 - B. **To permit urine drug screening without prior notice.** **(PATIENT INITIAL _____)**
5. I understand that if **I violate any of the above conditions,** my controlled substance prescriptions and/or treatment with Dwight W. Sievert, M.D., INC. may be terminated immediately. I am responsible for any withdraw symptoms that may occur due to my misuse of the controlled medications from termination of care. If the violation involves obtaining substance from another individual, as described above, I may also be reported to other health care providers, medical facilities, pharmacies, and other authorities. **(PATIENT INITIAL _____)**
6. I understand that the **main treatment goal is to improve my ability to function and/or work.** In consideration of that goal and the fact that I am being given potent medication to help me reach that goal, I agree to help myself by the following better health habits: non-use of "street drugs" I understand that using "street drugs" will impact my progress and counter act with any prescribed medications. They are not only mind altering, but also illegal. Continued use after warning can be cause for your care to be terminated immediately from Dwight W. Sievert, M.D., INC. and may be reported to the authorities. **(PATIENT INITIAL _____)**

I have read this contract and fully understand its content. In addition, I fully understand the consequences of violating this contract.

Print Patient name: _____ Date of Birth: _____

Patient Signature: _____ Date: _____

Patient Representative or legal guardian: _____ Date: _____

Witness Signature: _____ Date: _____