

# DW SIEVERT M.D., INC.

7766 N. Palm Ave., SUITE 107

FRESNO, CA 93711

Ph. 559-435-0800 Fax. 559-435-7720

## WELCOME TO OUR PRACTICE

Thank you for scheduling your appointment with our providers. We look forward to meeting you!

### GENERAL INFORMATION

Please arrive 30 minutes prior to the first appointment with your paperwork completely filled out (prior to your arrival), along with your insurance card(s) and any other paperwork requested by our office.

Directions: Take Herndon to Palm, turn north on Palm, before you get to the Nees light we are located on your right side. We are located next to Suncrest Bank.

It is our office policy that you provide us with payment in full at the time of the first visit, unless you are part of an HMO/PPO that provides us with a specific co-pay amount which you are required to pay at the time of service. Otherwise, please contact our office in advance of your appointment to be told the exact amount you will need to pay at the time of your first visit. We will bill your insurance and, if they pay for your services, we will apply your initial payment towards your account.

→ You will need to bring in:

1. Mental Health Intake questionnaire - **FULLY COMPLETED**
2. Return all other forms in this packet, signed and initialed.
3. A **CLEAR** copy of the **FRONT** and **BACK** of all your insurance card(s) 7 days prior to your appointment.

→ It is your responsibility to contact your insurance company to open your case for pre-authorization for treatment and confirm benefits before your first appointment:

1. Call your insurance company and get a prior authorization for "Outpatient Mental Health" services.
2. Ask for the "Insurance Claim Mailing Address" to submit your mental health claims.

You may also bring this information into the office before your appointment and we will gladly copy your insurance card(s) for you and help you complete the packet. You may also e-mail your completed packet to **DWSMD@mysecurechart.com**.

### OFFICE POLICIES

#### APPOINTMENTS

Patients are seen only by appointment. Before you first visit, please complete all of the forms which have been sent to you and be sure to bring them with you to your first appointment.

**You will not be seen in our office unless all forms are filled out prior to your visit.**

This will allow the office staff and the providers to serve you in the most time efficient manner possible. If this information cannot be completed prior to your appointment, please arrive one hour early in order to complete the forms. If they are already complete, **please arrive 15 minutes before your first appointment** so that the staff can prepare your chart.

**Upon arrival at the office for any appointment, always check in with the receptionist so that the providers can be informed that you arrived.**

#### PRESCRIPTION REFILL POLICY

During your appointment, your provider will write a prescription with the number of refills he/she feels is needed and safe. With your last refill, ensure you have an appointment with your provider for a medication refill at least two weeks before your medication runs out. At the time of your appointment, your provider will review your medications and write for appropriate refills. Medication refills will not be authorized over the phone or by fax.

Please remind your provider if you require a 90 day prescription and clarify the pharmacy we have on record is correct. Patients are asked to respect the privacy and time concerns of patients who have appointments. In consideration of both patients and providers, patients are reminded not to walk in to the clinic to request a prescription refill. Certain controlled substances may require a monthly appointment.

#### CANCELLATIONS / MISSED APPOINTMENTS:

When you schedule an appointment, that time is reserved specifically for you. Appointment reminder sheets are printed on your check-out sheet whenever subsequent appointments are scheduled at the office. **It is the patient's responsibility to remember and keep scheduled appointments.** A minimum of 24 hours notice is required for canceling or re-scheduling an appointment.

You will be charged **\$100** for missed appointments and appointments which are canceled with less than 24 hours notice.

**DISCHARGE:**

Three consecutive no shows or three consecutive cancellations will trigger an automatic discharge from our practice unless indicated otherwise by your provider.

**FINANCIAL RESPONSIBILITY:**

- Co-pays or deductibles are due at time of service.
- A minimum of \$20.00 will be collected on all services with a deductible or where a deductible applies. Applicable adjustments will be made once your insurance carrier has paid for services rendered.
- Cash discounts are given only at the time of the appointment when **paid in full** at check-in.
- Missed Appointment / Late Cancellation Fees \$100.00

**PAYMENT:**

Co-pays and Deductibles are collected prior to your appointment when you check-in. **If you have no insurance, payment in full is required and must be paid prior to your appointment at the time of check-in.**

Many insurance plans require prior authorization for mental health services. It is the patient's responsibility to obtain the authorization for the first visit. We are happy to bill your Insurance with the information you provide us, however, payment by your insurance company is not guaranteed. If your claim is denied or there is lack of authorization, you are responsible for the billed amount.

**CONFIDENTIALITY AND RELEASE OF INFORMATION**

Information disclosed within sessions and the written records pertaining to those sessions are confidential and will not be released to anyone without the written consent of the patient or the parent/guardian, in the case of minors and/or dependent adults, except where DW Sievert, M.D., Inc. is mandated by California law to report otherwise confidential information. Circumstances which are required by law to be reported are:

1. Patients who pose an imminent threat of danger to themselves or others.
2. Instances of suspected abuse or neglect of a child (physical, sexual and/or emotional abuse).
3. Instances of suspected abuse or neglect of a dependent adult.

Disclosure may also be required pursuant to a legal proceeding. If you place your mental status at issue in litigation initiated by you, the defendant may have the right to obtain the psychotherapy records and/or testimony from DW Sievert, M.D., Inc. In couple and family therapy, or when different family members are seen individually, confidentiality and privilege do not apply between the couple or among family members. Providers will use their clinical judgment when revealing such information.

Disclosure of confidential information may be required by your health insurance or workman's compensation carrier, or HMO/PPO/MCO/EAP in order to process your claims. Only the minimum necessary information will be communicated to the carrier. Providers have no knowledge or control over what insurance companies do with the information submitted and assumes no responsibility for any actions which result from a third party misusing or re-releasing such information without his expressed consent.

As a patient, you have the right to review or receive a summary of your records at any time (with notice of 10 or more working days), except in limited legal or emergency circumstances or when DW Sievert, M.D., Inc. assesses that releasing such information might be harmful in any way. In such circumstances DW Sievert, M.D., Inc. may provide the records to a qualified mental health professional of your choice and that individual may then choose to review the information with you if it is deemed clinically appropriate. You will be charged an appropriate fee for any preparation time which is required to comply with an information request.

All other requests to release information regarding your treatment and your condition must be authorized in writing specifically allowing the release of psychiatric records. DW Sievert, M.D., Inc. will provide you with a Release of Information form or you may choose to place your request in writing. There will be no charge for releasing records to other treating medical or mental health professionals. For all other requests to copy records, there will be a minimum charge of \$25.00 to cover the expenses of photocopying, postage and handling.

**FINANCIAL AGREEMENT & OFFICE BILLING / INSURANCE POLICIES**

1. I understand that professional services are rendered and charged to the patient and not to the insurance company. Not all issues/conditions/problems which are the focus of psychotherapy or an evaluation are reimbursed by insurance companies. It is my responsibility to verify the specifics of my coverage. I am responsible for payment for any services or charges not covered by my insurance. I understand that this office does not assume responsibility for claim denials, claim disputes, or for insurance payment of my account.
2. I agree to pay all deductibles, co-payments, and/or co-insurance amounts not paid by my insurance(s). These will be paid at the time services are rendered, unless other arrangements have been made. Under no circumstances does this office accept liens as payment on an account.
3. I understand that if my insurance(s) require a referral from my primary care physician, DW Sievert, M.D., Inc. must have verification of the referral **prior** to my first appointment. I will bring my insurance information or insurance card(s) to my first appointment so that the office can properly identify my program(s).
4. I authorize the release of information concerning my treatment or the treatment of my dependent(s) to my insurance company(s), including that an insurance company representative may review the clinical record.
5. I authorize direct payment by my insurance company(s) to DW Sievert, M.D., Inc.
6. I accept ultimate responsibility for payment for the services that I or my dependent(s) receive, whether or not my insurance(s) cover these services. This includes, but is not limited to fees for: clinical services or treatment, failed appointments and/or appointments not cancelled with 24 hours notice, report/letter writing, time spent in court or talking with attorneys on my behalf or the behalf of my dependent(s), telephone conversations longer than 5 minutes, site visits, reading records, longer sessions, travel time, etc.
7. I understand that I will receive a statement if I have an outstanding balance on my account, and I am to pay any portion that is my responsibility within 15 days of receipt of a statement. A finance charge of 1% per month may be added to my account if payment is overdue.
8. I understand that there will be a \$25.00 service fee for any checks returned by my bank due to nonsufficient funds, closed accounts, etc. I agree to accept full responsibility for such fees. The amount of the returned check, plus the service fee, must be paid within 10 days of written notice.
9. I will notify the Office if any problem arises regarding my ability to make timely payments. If my account is overdue (unpaid) and there is no agreement on a payment plan, I understand that this office can use legal means (court, collection agency, etc.) to obtain payment.
10. I am aware of DW Sievert, M.D., Inc.'s office policy requiring 24 hours notice to cancel an appointment. I understand that I may notify the office staff or the answering service of my intention to cancel an appointment. I further acknowledge that I will be charged \$100.00 for any appointment which I or my dependent(s) fail to keep without providing 24 hours notice.

**My signature below signifies that I have read, understood, and agree to the above terms of the office policies, this financial agreement and office billing/insurance policies.**

\_\_\_\_\_  
Patient Name (Printed)

\_\_\_\_\_  
Responsible Party (Printed) (If patient is a minor or dependent adult)

\_\_\_\_\_  
Signature of Responsible Party

\_\_\_\_\_  
Date

**DW SIEVERT M.D., INC.**  
**Patient Registration**

Are these services Court ordered? ☐ Yes ☐ No

**PATIENT INFORMATION**

☐ New Patient ☐ Information Update

Patient Name: \_\_\_\_\_ Social Security #: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Sex: ☐ Male ☐ Female Marital Status: ☐ Married ☐ Single ☐ Other  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Email Address: \_\_\_\_\_  
Primary Contact Phone: \_\_\_\_\_ Secondary Phone: \_\_\_\_\_  
Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Work Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Education Level: \_\_\_\_\_ Highest Grade Completed: \_\_\_\_\_  
Race: ☐ Asian ☐ Black ☐ Native American ☐ White ☐ More than one race Preferred Language: \_\_\_\_\_  
Ethnicity: ☐ Hispanic ☐ Non-Hispanic  
Smoking Status: Current Smoker: ☐ Yes ☐ No History of Smoking: ☐ Yes ☐ No Stop Date: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_  
Referring Physician: \_\_\_\_\_ Driver's License #: \_\_\_\_\_

**SPOUSE / PARTNER INFORMATION (If relevant)**

Spouse/Partner Name: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Sex: ☐ Male ☐ Female  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

**FINANCIAL RESPONSIBILITY (Must complete if patient/client is under 18 years of age)**

Responsible Party: \_\_\_\_\_ Social Security #: \_\_\_\_\_  
Relationship to Subscriber: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

**INSURANCE INFORMATION (Must complete ALL the information below in order to bill your Insurance)**

**Primary Insurance:** \_\_\_\_\_ Subscriber Name : \_\_\_\_\_  
Subscriber Date of Birth: \_\_\_\_\_ Subscriber ID #: \_\_\_\_\_ Group #: \_\_\_\_\_  
Claim Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Relationship to Patient: \_\_\_\_\_  
**Secondary Insurance:** \_\_\_\_\_ Subscriber Name : \_\_\_\_\_  
Subscriber Date of Birth: \_\_\_\_\_ Subscriber ID #: \_\_\_\_\_ Group #: \_\_\_\_\_  
Claim Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Relationship to Patient: \_\_\_\_\_

**PHARMACY INFORMATION (PLEASE FILL OUT COMPLETELY WITH CORRECT ADDRESS AND PHONE NUMBER)**

Pharmacy Name: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Cross Street: \_\_\_\_\_ Pharmacy Phone#: \_\_\_\_\_  
Mail Order Pharmacy Phone #: \_\_\_\_\_ Pharmacy Fax #: \_\_\_\_\_

**SIGNATURE and DATE**

Patient or Responsible Party: \_\_\_\_\_ Date: \_\_\_\_\_

## **DW SIEVERT M.D., INC.**

### **Authorization to Obtain Protected Health Information (PHI)**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I hereby authorize the use or disclosure of PHI on the above named individual which may contain medical, mental health, or substance abuse history and treatment information.

**Name of organization or individual authorized to disclose the information:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Are there any restrictions on PHI to be disclosed? ☐ Yes ☐ No

\_\_\_\_\_ No one other than myself may have access to my medical records:

May our office leave a message on your answering machine? ☐ Yes ☐ No

I consent to the use or disclosure of my protected health information by DW SIEVERT M.D., Inc. for the purposes of diagnosis of providing treatment to me, obtaining payment for my health care bills or to conduct health care operations of DW SIEVERT M.D., Inc. I understand that diagnosis or treatment of me by DW SIEVERT M.D., Inc. may be conditioned upon my consent as evidenced by my signature on this document.

I understand that I have the right to request a restriction as to how my protected health information (PHI) is used or disclosed to carry out treatment, payment or healthcare operations of the practice. DW SIEVERT M.D., Inc. is not required to agree to the restrictions that I may request. However, if DW SIEVERT M.D., Inc. agrees to restriction that I request, the restriction is binding on DW SIEVERT M.D., Inc. I have the right to revoke this consent, in writing, at any time, except to the extent that DW SIEVERT M.D., Inc. has taken action in reliance on this consent.

My PHI means health information, including my demographic information, collected from me and created or received by my physician, another health care provider, a health plan, my employer or a health care clearing house. This PHI relates to my past, present or future physical or mental condition and identifies me, or there is a reasonable basis to believe the information may identify me. I understand that the "Notice of Privacy Practices" describes how DW SIEVERT M.D., Inc. may disclose and use my protected health information (PHI). I am encouraged to read the "Notice of Privacy Practices" in full.

Signature: \_\_\_\_\_  
(Patient Signature or Authorized Representative and relationship)

Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

# **DW SIEVERT M.D., INC.**

## **HIPAA Information and Consent Form**

The Health Insurance Portability and Accountability Act (HIPAA) provide safeguards to protect your privacy. Implementation of HIPAA requirements officially began on April 14, 2003. Many of the policies have been *our* practice for years. This is a read "friendly" version. A complete text is posted in the office.

What this is all about: Specifically, there are rules and restrictions on who may see or be notified of your Protected Health information (PHI). These restrictions do not include the normal interchange of information necessary to provide you with office services. HIPAA provides certain rights and protections to you as the patient. We balance these needs with our goal of providing you with quality professional service and care. Additional information is available from the U.S. Department of Health and Human Services. [www.hhs.gov](http://www.hhs.gov)

We have adopted the following policies:

1. Patient information will be kept confidential except as is necessary to provide services or to ensure that all administrative matters related to your care are handled appropriately. This specifically includes the sharing of information with other healthcare providers, laboratories, health insurance payers as is necessary and appropriate for your care. Patient files may be stored in open file racks and will not contain any coding which identifies a patient's condition or information which is not already a matter of public record. The normal course of providing care means that such records may be left, at least temporarily, in administrative areas such as the front office, examination room, etc. Those records will not be available to persons other than office staff. You agree to the normal procedures utilized within the office for the handling of charts, patient records, PHI and other documents or information.
2. It is the policy of this office to remind patients of their appointments. We may do this by telephone, e-mail, U.S. mail, or by any means convenient for the practice and/or as requested by you. We may send you other communications informing you of changes to office policy and new technology that you might find valuable or informative.
3. The practice utilizes a number of vendors in the conduct of business. These vendors may have access to PHI but must agree to abide by the confidentiality rules of HIPAA.
4. You understand and agree to inspections of the office and review of documents which may include PHI by government agencies or insurance payers in normal performance of their duties.
5. You agree to bring any concerns or complaints regarding privacy to the attention of the office manager or the doctor.
6. Your confidential information will not be used for the purposes of marketing or advertising of products, goods or services.
7. We agree to provide patients with access to their records in accordance with state and federal laws.
8. We may change, add, delete or modify any of these provisions to better serve the needs of both the practice and the patient.
9. You have the right to request restrictions in the use of your protected health information and to request change in certain policies used within the office concerning your PHI. However, we are not obligated to alter internal policies to conform to your request.

**I hereby consent and acknowledge my agreement to the terms set forth in the HIPAA INFORMATION FORM and any subsequent changes in office policy. I understand that this consent shall remain in force from this time forward.**

Print Patient Name: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

7766 N. Palm Ave., Suite 107  
Fresno, CA 93711  
(559) 435-0800 FAX (559) 435-7720

## Date: \_\_\_\_\_

Litigation Pending? \_\_\_\_\_ Attorney: \_\_\_\_\_ Phone: \_\_\_\_\_

How long ago did the problem(s) begin: \_\_\_\_\_

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

## Psychiatric History

Place a check for each symptom that applies.

- |   |  |
|---|--|
| <input type="checkbox"/> Suicidal thoughts                                | <input type="checkbox"/> Homicidal thoughts  |
| <input type="checkbox"/> Depression/sadness                               | <input type="checkbox"/> Anxiety/nervousness                                       |
| <input type="checkbox"/> Recurrent/intrusive thoughts                     | <input type="checkbox"/> Nightmares  |
| <input type="checkbox"/> Loss of appetite                                 | <input type="checkbox"/> Recurrent/intrusive disturbing recollections or dreams    |
| <input type="checkbox"/> Weight loss                                      | <input type="checkbox"/> Overwhelming need to perform certain behaviors/rituals    |
| <input type="checkbox"/> Overeating                                       | <input type="checkbox"/> Excessive fears or phobias                                |
| <input type="checkbox"/> Weight gain                                      | <input type="checkbox"/> Significant concerns with physical problems               |
| <input type="checkbox"/> Difficulty sleeping                              | <input type="checkbox"/> Poor frustration tolerance                                |
| <input type="checkbox"/> Apathy   | <input type="checkbox"/> Explosive anger   |
| <input type="checkbox"/> Fatigue  | <input type="checkbox"/> Rapid mood changes  |
| <input type="checkbox"/> Loss of interest in almost all activities        | <input type="checkbox"/> Euphoria (feel on top of the world)                       |
| <input type="checkbox"/> Feeling worthless                                | <input type="checkbox"/> Racing thoughts   |
| <input type="checkbox"/> Feelings of hopelessness                         | <input type="checkbox"/> Decreased need for sleep                                  |
| <input type="checkbox"/> Poor self esteem                                 | <input type="checkbox"/> Aggressive  |
| <input type="checkbox"/> Sexual problems                                  | <input type="checkbox"/> Visual or auditory hallucinations                         |
| <input type="checkbox"/> Anorexia or Bulimia                              | <input type="checkbox"/> Stomach aches   |
| <input type="checkbox"/> Unmotivated                                      | <input type="checkbox"/> Bizarre behavior  |
| <input type="checkbox"/> Dependent  | <input type="checkbox"/> Shy and withdrawn   |
| <input type="checkbox"/> Quiet  | <input type="checkbox"/> Self-mutilates  |
| <input type="checkbox"/> Resists change                                   | <input type="checkbox"/> Self-stimulates   |
| <input type="checkbox"/> Wetting bed or clothes                           | <input type="checkbox"/> Exhibits sexually inappropriate behavior                  |
| <input type="checkbox"/> Bowel movements in underwear                     | <input type="checkbox"/> Risk-taking   |
| <input type="checkbox"/> Emotional  | <input type="checkbox"/> Is cruel to other people                                  |
| <input type="checkbox"/> Immature   | <input type="checkbox"/> Swears a lot  |
| <input type="checkbox"/> Is very fidgety                                  | <input type="checkbox"/> Steals things without people knowing on several occasions |
| <input type="checkbox"/> Can't remain seated                              | <input type="checkbox"/> Often runs away from home and stays away overnight        |
| <input type="checkbox"/> Can't wait his/her turn when playing with others | <input type="checkbox"/> Easily lies to others                                     |
| <input type="checkbox"/> Answers before s/he hears the whole question     | <input type="checkbox"/> Firesetting   |
| <input type="checkbox"/> Rarely follows other's instructions              | <input type="checkbox"/> Doesn't go to school                                      |
| <input type="checkbox"/> Destroys other people's property                 | <input type="checkbox"/> Breaks into other people's property                       |
| <input type="checkbox"/> Is cruel to animals                              | <input type="checkbox"/> When fighting, has used a weapon                          |
| <input type="checkbox"/> Starts fights with others                        |  |
| <input type="checkbox"/> Other unusual behavior: _____                    |  |

Indicate which stressors the child is experiencing currently (within last 6 months) or in the past.

Now	Past	Now	Past	Now	Past
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

Is s/he currently receiving therapy? \_\_\_\_\_ From who? \_\_\_\_\_  
 When did s/he start therapy? \_\_\_\_\_ For what problem(s)? \_\_\_\_\_

List current psychiatric medications and dosages: \_\_\_\_\_

Has s/he received therapy in the past? \_\_\_\_\_ From who? \_\_\_\_\_  
 When (Start and finish): \_\_\_\_\_ For what problem(s)? \_\_\_\_\_

List past psychiatric medications: \_\_\_\_\_

Has s/he been hospitalized for psychological problems? \_\_\_\_\_ When? \_\_\_\_\_

Where was s/he hospitalized? \_\_\_\_\_

Has s/he ever attempted suicide? \_\_\_\_\_ When? \_\_\_\_\_ How? \_\_\_\_\_



Substances s/he currently uses (Even if only occasionally or in small amounts):

☐ Alcohol      ☐ Tobacco      ☐ Marijuana      ☐ Barbiturates ("Downers")      ☐ Tranquilizers  
☐ Amphetamines ("Speed")      ☐ Crank      ☐ Crack      ☐ Cocaine      ☐ Opiates (Heroin, Opium, Codeine, etc.)  
☐ Hallucinogenics (LSD, STP, "Magic Mushrooms", etc.)      ☐ PCP ("angel dust")      ☐ Other: \_\_\_\_\_

Substances s/he has taken in the past (Even if only occasionally or in small amounts):

☐ Alcohol      ☐ Tobacco      ☐ Marijuana      ☐ Barbiturates ("Downers")      ☐ Tranquilizers  
☐ Amphetamines ("Speed")      ☐ Crank      ☐ Crack      ☐ Cocaine      ☐ Opiates (Heroin, Opium, Codeine, etc.)  
☐ Hallucinogenics (LSD, STP, "Magic Mushrooms", etc.)      ☐ PCP ("angel dust")      ☐ Other: \_\_\_\_\_

Has your child had a prior psychological or neuropsychological evaluation? ☐ Yes ☐ No

Name of psychologist: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ Date of and reason for this evaluation: \_\_\_\_\_  
Findings of the evaluation: \_\_\_\_\_

## **Birth and Developmental History**

Place of Birth: \_\_\_\_\_ Were parents married at time of birth? \_\_\_\_\_  
Was mother under a doctors care during the pregnancy? \_\_\_\_\_ Was the child adopted? \_\_\_\_\_ If so, at what age? \_\_\_\_\_

Any illnesses during pregnancy:

☐ Anemia      ☐ Toxemia      ☐ Herpes      ☐ Measles      ☐ German measles      ☐ Bleeding  
☐ Kidney disease      ☐ Heart disease      ☐ Hypertension      ☐ Abdominal trauma      ☐ Infection      ☐ Diabetes

Medications taken during pregnancy: \_\_\_\_\_  
Were drugs or alcohol taken during pregnancy? ☐ Yes ☐ No If yes, specify: \_\_\_\_\_  
Was there significant emotional stress during pregnancy? ☐ Yes ☐ No If yes, name stressors: \_\_\_\_\_

Was the birth: ☐ On time Was ☐ Premature (By how long \_\_\_\_\_) ☐ Late (By how long \_\_\_\_\_)  
labor: ☐ Spontaneous Was the ☐ Induced Duration of labor \_\_\_\_\_ (Hours) Cesarean required? \_\_\_\_\_  
presentation: ☐ Normal ☐ Breach ☐ Transverse (Crosswise) ☐ Posterior first  
Did the baby experience any of these problems: Fetal distress \_\_\_\_\_ Prolapsed cord \_\_\_\_\_ Low placenta (Placenta  
previa) \_\_\_\_\_ Premature separation of the placenta (Abruptio placenta) \_\_\_\_\_ Cord wrapped around neck \_\_\_\_\_  
Any other problems that mother or child had: \_\_\_\_\_  
Was general anesthesia used? \_\_\_\_\_ Were forceps used? \_\_\_\_\_ Were there breathing problems? \_\_\_\_\_  
Color at birth: Normal \_\_\_\_\_ Blue \_\_\_\_\_ Yellow \_\_\_\_\_ Was oxygen used (How long)? \_\_\_\_\_ APGAR Score \_\_\_\_\_  
Birthweight: \_\_\_\_\_ Length: \_\_\_\_\_

Check those that apply to the first few weeks after birth:

☐ Excessive sleeping ☐ Laziness ☐ Irritability ☐ Excessive crying ☐ Stiffness ☐ Limpness ☐ Tremors  
☐ Twitching ☐ Feeding difficulties ☐ Vomiting ☐ Jaundice Other \_\_\_\_\_ Transfusions required?  
\_\_\_\_\_ Medication required? (For what) \_\_\_\_\_ Surgery required?  
(For what) \_\_\_\_\_

Give approximate ages that developmental milestones were achieved:

Head control \_\_\_\_\_ Rolled over \_\_\_\_\_ Sat alone \_\_\_\_\_ Walked \_\_\_\_\_ Run \_\_\_\_\_  
Said first word \_\_\_\_\_ Used sentences \_\_\_\_\_ Self feeding w/ utensils \_\_\_\_\_ Toilet trained \_\_\_\_\_  
Dress self \_\_\_\_\_ Tie shoes \_\_\_\_\_ Color within lines \_\_\_\_\_

Check any problems that occurred in later development:

☐ Hearing ☐ Speaking ☐ Stuttering ☐ Reading ☐ Writing ☐ Spelling ☐ Arithmetic ☐ Behavior ☐ Hyperactivity  
☐ Attentional difficulties ☐ Seizures ☐ Coordination

List family members with developmental or learning problems: \_\_\_\_\_

## Medical History

Please check all the conditions that have been diagnosed.

- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> AIDS, ARC or HIV+                     | <input type="checkbox"/> Diabetes                     | <input type="checkbox"/> Immune system disease     | <input type="checkbox"/> Poisoning           |
| <input type="checkbox"/> Allergies                             | <input type="checkbox"/> Enzyme deficiency            | <input type="checkbox"/> Jaundice                  | <input type="checkbox"/> Polio               |
| <input type="checkbox"/> Arthritis                             | <input type="checkbox"/> Encephalitis                 | <input type="checkbox"/> Kidney problems           | <input type="checkbox"/> Parkinson's Disease |
| <input type="checkbox"/> Asthma                                | <input type="checkbox"/> Ear Infections               | <input type="checkbox"/> Liver disorder            | <input type="checkbox"/> Rheumatic Fever     |
| <input type="checkbox"/> Abscessed ears                        | <input type="checkbox"/> Fevers (104 or higher)       | <input type="checkbox"/> Lung disease              | <input type="checkbox"/> Radiation exposure  |
| <input type="checkbox"/> Arteriosclerosis                      | <input type="checkbox"/> Genetic disorder             | <input type="checkbox"/> Lead poisoning            | <input type="checkbox"/> Scarlet fever       |
| <input type="checkbox"/> Bleeding disorder                     | <input type="checkbox"/> Head injury/concussion       | <input type="checkbox"/> Leukemia                  | <input type="checkbox"/> Senility (Dementia) |
| <input type="checkbox"/> Blood disorder                        | <input type="checkbox"/> Heart problems               | <input type="checkbox"/> Metabolic disorder        | <input type="checkbox"/> Stroke or TIA       |
| <input type="checkbox"/> Broken bones                          | <input type="checkbox"/> Hereditary disorder          | <input type="checkbox"/> Meningitis                | <input type="checkbox"/> Tuberculosis        |
| <input type="checkbox"/> Brain disease                         | <input type="checkbox"/> Headaches                    | <input type="checkbox"/> Measles                   | <input type="checkbox"/> Tumor               |
| <input type="checkbox"/> Cerebral palsy                        | <input type="checkbox"/> Hearing problems             | <input type="checkbox"/> Mumps                     | <input type="checkbox"/> Thyroid disease     |
| <input type="checkbox"/> Colds (excessive)                     | <input type="checkbox"/> Huntington's disease         | <input type="checkbox"/> Malnutrition              | <input type="checkbox"/> Venereal disease    |
| <input type="checkbox"/> Chicken pox                           | <input type="checkbox"/> Hypertension                 | <input type="checkbox"/> Multiple sclerosis        | <input type="checkbox"/> Vision problems     |
| <input type="checkbox"/> Hormone problems                      | <input type="checkbox"/> Oxygen deprivation           | <input type="checkbox"/> Carbon monoxide poisoning | <input type="checkbox"/> Pneumonia           |
| <input type="checkbox"/> Cancer                                | <input type="checkbox"/> Hazardous substance exposure |  | <input type="checkbox"/> Whooping cough      |
| <input type="checkbox"/> Other medical/physical problems _____ |   |  |  |

Has your child ever been diagnosed with epilepsy or a seizure disorder ☐ Yes ☐ No If yes, check the one you have been diagnosed with.

- |  |   |   |
|--|---|---|
| <b>PARTIAL</b>   | <b>GENERALIZED</b>                                | <input type="checkbox"/> <b>UNCLASSIFIED TYPE</b> |
| <input type="checkbox"/> Simple partial (Jacksonian)       | <input type="checkbox"/> Absence (Petit mal)      |   |
| <input type="checkbox"/> Complex partial (Psychomotor)     | <input type="checkbox"/> Myoclonic                |   |
| <input type="checkbox"/> Partial evolving into generalized | <input type="checkbox"/> Clonic                   |   |
|  | <input type="checkbox"/> Tonic                    |   |
|  | <input type="checkbox"/> Tonic-clonic (Grand mal) |   |
|  | <input type="checkbox"/> Atonic                   |   |

List any medications currently being taken (over-the-counter or prescription), and the dosage.

### Medication and Dosage

- |          |          |
|----------|----------|
| 1) _____ | 4) _____ |
| 2) _____ | 5) _____ |
| 3) _____ | 6) _____ |

List any medications your child is ALLERGIC or sensitive to: \_\_\_\_\_

Past Hospitalizations (When, where and for what):

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Outpatient Surgeries (When, where and for what):

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Name of family physician: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Date of your last medical check-up: \_\_\_\_\_

## Medical Testing

Check all medical tests that recently have been done and report any abnormal findings:

	Check here if normal	Abnormal findings
<input type="checkbox"/> Angiography	<input type="checkbox"/>	_____
<input type="checkbox"/> Blood work	<input type="checkbox"/>	_____
<input type="checkbox"/> Brain scan	<input type="checkbox"/>	_____
<input type="checkbox"/> CT scan	<input type="checkbox"/>	_____
<input type="checkbox"/> EEG	<input type="checkbox"/>	_____
<input type="checkbox"/> Lumbar puncture or spinal tap	<input type="checkbox"/>	_____
<input type="checkbox"/> Magnetic Resonance Imaging (MRI)	<input type="checkbox"/>	_____
<input type="checkbox"/> Neurological office exam	<input type="checkbox"/>	_____
<input type="checkbox"/> PET scan	<input type="checkbox"/>	_____
<input type="checkbox"/> Physicians office exam	<input type="checkbox"/>	_____
<input type="checkbox"/> Skull x-ray	<input type="checkbox"/>	_____
<input type="checkbox"/> Ultrasound	<input type="checkbox"/>	_____
<input type="checkbox"/> Other testing: _____	<input type="checkbox"/>	_____

## Family History

Father's Name \_\_\_\_\_ Age \_\_\_\_\_ Health Problems \_\_\_\_\_  
Education \_\_\_\_\_ Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
Mother's Name \_\_\_\_\_ Age \_\_\_\_\_ Health Problems \_\_\_\_\_  
Education \_\_\_\_\_ Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
Date of parent's marriage \_\_\_\_\_ Years married \_\_\_\_\_ Current marital problems? \_\_\_\_\_ If separated, give date \_\_\_\_\_  
If divorced, date \_\_\_\_\_ Previous marriages? (Father) \_\_\_\_\_ (Mother) \_\_\_\_\_  
Subsequent marriages? (Father) \_\_\_\_\_ (Mother) \_\_\_\_\_  
If divorced, current custody arrangement \_\_\_\_\_

Please provide information regarding step-parents if parents are divorced:

Name	Age	Education	Occupation	Date Married	# Years
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

Names and ages of brothers and sisters (Include step-brothers and step-sisters):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List anyone else who has lived in the home during your child's life: \_\_\_\_\_

List names of any family members (e.g. Immediate and distant relatives) with any of the following problems:

Alcohol/drug abuse \_\_\_\_\_  
Criminal history \_\_\_\_\_  
Emotional/behavioral problems \_\_\_\_\_  
Medical problems (e.g. Heart disease, Cancer, Seizures) \_\_\_\_\_  
Learning/developmental problems \_\_\_\_\_

## Social History

How long has s/he lived in current home? \_\_\_\_\_ Apartment or house? \_\_\_\_\_ How long in this town? \_\_\_\_\_  
How many changes in residence in child's lifetime? \_\_\_\_\_ Ages moves occurred? \_\_\_\_\_  
What towns has s/he lived in the past? \_\_\_\_\_

How many friends does your child have in your neighborhood? \_\_\_\_\_ First name of best friend in neighborhood: \_\_\_\_\_

How often does s/he play with neighborhood friends? \_\_\_\_\_ Any conflict problems (What type)? \_\_\_\_\_  
What are his/her most frequent play activities? \_\_\_\_\_  
How many friends does s/he have at school? \_\_\_\_\_ First name of best friend at school: \_\_\_\_\_  
Is your child well liked/accepted at school? \_\_\_\_\_ Any conflict problems (What type)? \_\_\_\_\_

Does s/he have a girlfriend/boyfriend? \_\_\_\_\_ First name: \_\_\_\_\_ Involved how long? \_\_\_\_\_  
Is this relationship stable? \_\_\_\_\_ Type of problems (if any): \_\_\_\_\_  
How many girlfriends/boyfriends in the past? \_\_\_\_\_ Starting at what age: \_\_\_\_\_ Is s/he currently sexually active? \_\_\_\_\_  
When did s/he first become sexually active? \_\_\_\_\_ Currently using birth control (What type)? \_\_\_\_\_  
Any aborted pregnancies/miscarriages? \_\_\_\_\_ Any children outside of marriage? \_\_\_\_\_ Names/Ages: \_\_\_\_\_

List clubs and organizations that s/he is involved in: \_\_\_\_\_

Is your child involved in a church? \_\_\_\_\_ Denomination: \_\_\_\_\_ Attend how often? \_\_\_\_\_  
What time/activities do you share with your child? \_\_\_\_\_  
Please describe your last vacation (when & where): \_\_\_\_\_

### **Educational History**

Current grade (Or highest grade/degree completed): \_\_\_\_\_ Current school: \_\_\_\_\_  
Past schools attended (List in order): \_\_\_\_\_

Hardest subject(s): \_\_\_\_\_ Favorite subject(s): \_\_\_\_\_  
Grades earned in elementary school: \_\_\_\_\_ Junior High G.P.A. \_\_\_\_\_ High School G.P.A. \_\_\_\_\_

Grades repeated: \_\_\_\_\_ Learning problems (what subjects): \_\_\_\_\_  
Special education placement (Type): \_\_\_\_\_ During which grades: \_\_\_\_\_  
Extracurricular activities (Music, Sports, Clubs, etc.) \_\_\_\_\_  
Expulsions/suspensions/conduct problems (Type of problem and date): \_\_\_\_\_  
Additional schooling or non-academic training: \_\_\_\_\_

### **Occupational History**

Present employer: \_\_\_\_\_ Position: \_\_\_\_\_  
Length of employment: \_\_\_\_\_ Hours worked per week \_\_\_\_\_ Current responsibilities: \_\_\_\_\_

List previous employment (Include dates and type of work):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever been terminated from a job (Please explain): \_\_\_\_\_  
At any time on the job were you ever exposed to dangerous chemicals or substances (e.g., Mercury, Lead, Radiation, Solvents, Pesticides, Chemicals, etc.)?

☐ Yes ☐ No If yes, explain: \_\_\_\_\_

Have you ever been injured on the job? ☐ Yes ☐ No If yes, explain: \_\_\_\_\_

### **Legal History**

Present legal problems (Describe): \_\_\_\_\_  
Past arrests (For what?): \_\_\_\_\_  
Convictions (For what?): \_\_\_\_\_  
Time served in juvenile hall, jail or prison (Give dates and locations): \_\_\_\_\_

# Child/Teen General Symptom Checklist

Parents please rate your child or teen on each of the symptoms listed below using the following scale. If possible, to give us the most complete picture, have the child or teen rate him/herself as well. **For young children it may not be practical to have them fill out the questionnaire.** Use your best judgment and do the best you can.

	0	1	2	3	4	NA	
	Never	Rarely	Occasionally	Frequently	Very Frequently	Not Applicable/Not Known	
Ch/Tn	Parent						
_____	_____	1. depressed or sad mood					
_____	_____	2. not as much interest in things that are usually fun					
_____	_____	3. significant recent weight or appetite changes					
_____	_____	4. recurrent thoughts of death or suicide					
_____	_____	5. sleep changes, lack of sleep or marked increase in sleep					
_____	_____	6. low energy or feelings of tiredness					
_____	_____	7. feelings of being worthless, helpless, hopeless or guilty					
_____	_____	8. plays alone or appears socially withdrawn					
_____	_____	9. cries easily					
_____	_____	10. negative thinking					MD 5
<hr/>							
_____	_____	11. periods of an elevated, high or irritable mood					
_____	_____	12. periods of a very high self esteem or big thinking					
_____	_____	13. periods of decreased need for sleep without feeling tired					
_____	_____	14. more talkative than usual or feel pressure to keep talking					
_____	_____	15. fast thoughts or frequent jumping from one subject to another					
_____	_____	16. easily distracted by irrelevant things					
_____	_____	17. marked increase in activity level					
_____	_____	18. cyclic periods of angry, mean or violent behavior					BD 4
<hr/>							
_____	_____	19. periods of time where you feel intensely anxious or nervous					
_____	_____	20. periods of trouble breathing or feeling smothered					
_____	_____	21. periods of feeling dizzy, faint or unsteady on your feet					
_____	_____	22. periods of heart pounding, fast heart rate or chest pain					
_____	_____	23. periods of trembling, shaking or sweating					
_____	_____	24. periods of nausea, abdominal upset or choking					
_____	_____	25. intense fear of dying					PD 19+4
<hr/>							
_____	_____	26. lacks confidence in abilities					
_____	_____	27. needs lots of reassurance					
_____	_____	28. needs to be perfect					
_____	_____	29. seems fearful and anxious					
_____	_____	30. seems shy or timid					
_____	_____	31. easily embarrassed					
_____	_____	32. sensitive to criticism					
_____	_____	33. bites fingernails or chews clothing					OA 4
<hr/>							
_____	_____	34. persistent refusal to go to school					
_____	_____	35. excessive fear of interacting with other children or adults					
_____	_____	36. persistent, excessive fear (heights, closed spaces, specific animals, etc.) please list _____					
_____	_____	37. excessive anxiety concerning separation from home or from those to whom the child is attached.					

_____	_____	38. recurrent bothersome thoughts, ideas or images which you try to ignore		
_____	_____	39. trouble getting "stuck" on certain thoughts, or having the same thought over and over		
_____	_____	40. excessive or senseless worrying		
_____	_____	41. others complain that you worry too much or get "stuck" on the same thoughts		
_____	_____	42. compulsive behaviors that you must do or you feel very anxious, such as excessive hand washing, cleaning, checking locks, or counting or spelling		
_____	_____	43. needing to have things done a certain way or you become very upset	OC	4
<hr/>				
_____	_____	44. recurrent and upsetting thoughts of a past traumatic event (molest, accident, fire etc.), please list _____		
_____	_____	45. recurrent distressing dreams of a past upsetting event		
_____	_____	46. feelings of reliving a past upsetting event		
_____	_____	47. spend effort avoiding thoughts or feelings related to a past trauma		
_____	_____	48. feeling that your future is shortened		
_____	_____	49. startle easily		
_____	_____	50. feel like you're always watching for bad things to happen	PTS	4
<hr/>				
_____	_____	51. refusal to maintain body weight above a level most people consider healthy		
_____	_____	52. intense fear of gaining weight or becoming fat even though underweight		
_____	_____	53. feelings of being fat, even though you're underweight	AN	2
<hr/>				
_____	_____	54. recurrent episodes of eating large amounts of food		
_____	_____	55. a feeling of lack of control over eating behavior		
_____	_____	56. engage in activities to eliminate excess food, such as self induced vomiting, laxatives, strict dieting or strenuous exercise		
_____	_____	57. persistent worry with body shape and weight	BN	2
<hr/>				
_____	_____	58. involuntary physical movements or motor tics (such as eye blinking, shoulder shrugging, head jerking or picking). How long have motor tics been present? _____ How often? _____ describe _____		
_____	_____	59. involuntary vocal sounds or verbal tics (such as coughing, puffing, blowing, whistling, swearing). How long have verbal tics been present? _____ How often? _____ describe _____		
_____	_____	60. repetitive, seemingly driven motor behavior (e.g., hand shaking or waving, body rocking, head banging, mouthing of objects, self-biting, picking at skin or bodily orifices, hitting own body) that interferes with normal activities or results in self-inflicted bodily injury that requires medical treatment (or would result in an injury if preventive measures were not used).		
_____	_____	61. passage of feces in inappropriate places (e.g., clothing or floor).		
_____	_____	62. bed wetting. If present, how often? _____		
_____	_____	63. failure to speak in specific social situations (in which there is an expectation for speaking e.g., at school) despite speaking in other situations.		
<hr/>				
_____	_____	64. delusional or bizarre thoughts (thoughts you know others would think are false)		
_____	_____	65. visual hallucination, seeing objects or images are not really present		
_____	_____	66. hearing voices that are not really present		
_____	_____	67. odd behaviors		
_____	_____	68. poor personal hygiene or grooming		
_____	_____	69. inappropriate mood for the situation (i.e., laughing at sad events)		3
<hr/>				
_____	_____	70. frequent feelings that someone or something is out to hurt you		
<hr/>				
_____	_____	71. problems with social relatedness before the age of 5, either by failing to respond appropriately to others or becoming indiscriminately attached to others		
_____	_____	72. multiple changes in caregivers before the age of 5		

<input type="checkbox"/>	<input type="checkbox"/>	73. steals		
<input type="checkbox"/>	<input type="checkbox"/>	74. bullies, threatens, or intimidates others		
<input type="checkbox"/>	<input type="checkbox"/>	75. initiates physical fights		
<input type="checkbox"/>	<input type="checkbox"/>	76. cruel to animals		
<input type="checkbox"/>	<input type="checkbox"/>	77. force others into things they do not want to do (sexually or criminally)		
<input type="checkbox"/>	<input type="checkbox"/>	78. sets fires		
<input type="checkbox"/>	<input type="checkbox"/>	79. destroys property		
<input type="checkbox"/>	<input type="checkbox"/>	80. break in to others home, school, car or place of business		
<input type="checkbox"/>	<input type="checkbox"/>	81. lies		
<input type="checkbox"/>	<input type="checkbox"/>	82. stays out at night despite parental prohibitions		
<input type="checkbox"/>	<input type="checkbox"/>	83. runs away overnight		
<input type="checkbox"/>	<input type="checkbox"/>	84. cuts school		
<input type="checkbox"/>	<input type="checkbox"/>	85. doesn't seem sorry for hurting others	CD	4
<input type="checkbox"/>	<input type="checkbox"/>	86. negative, hostile, or defiant behavior		
<input type="checkbox"/>	<input type="checkbox"/>	87. loses temper		
<input type="checkbox"/>	<input type="checkbox"/>	88. argues with adults		
<input type="checkbox"/>	<input type="checkbox"/>	89. actively defies or refuses to comply with adults' requests or rules		
<input type="checkbox"/>	<input type="checkbox"/>	90. deliberately annoys people		
<input type="checkbox"/>	<input type="checkbox"/>	91. blames others for his or her mistakes or misbehavior		
<input type="checkbox"/>	<input type="checkbox"/>	92. touchy or easily annoyed by others		
<input type="checkbox"/>	<input type="checkbox"/>	93. angry and resentful		
<input type="checkbox"/>	<input type="checkbox"/>	94. spiteful or vindictive	ODD	4
<input type="checkbox"/>	<input type="checkbox"/>	95. impairment in communication as manifested by at least one of the following: (Check those that apply)		
	<input type="checkbox"/>	delay in, or total lack of, the development of spoken language (not accompanied by an attempt to compensate through alternative modes of communication such as gesture or mime)		
	<input type="checkbox"/>	in individuals with adequate speech, marked impairment in the ability to initiate or sustain a conversation with others		
	<input type="checkbox"/>	repetitive use of language or odd language		
	<input type="checkbox"/>	lack of varied, spontaneous make-believe play or social imitative play appropriate to developmental level		
<input type="checkbox"/>	<input type="checkbox"/>	96. impairment in social interaction, with at least two of the following: (Check those that apply)		
	<input type="checkbox"/>	marked impairment in the use of multiple nonverbal behaviors such as eye-to-eye gaze, facial expression, body postures, and gestures to regulate social interaction		
	<input type="checkbox"/>	failure to develop peer relationships appropriate to developmental level		
	<input type="checkbox"/>	lack of spontaneous seeking to share enjoyment, interests, or achievements with other people (e.g., by a lack of showing, bringing, or pointing out objects of interest)		
	<input type="checkbox"/>	lack of social or emotional reciprocity		
<input type="checkbox"/>	<input type="checkbox"/>	97. repetitive patterns of behavior, interests, and activities, as manifested by at least one of following: (Check those that apply)		
	<input type="checkbox"/>	preoccupation with an area of that is abnormal either in intensity or focus		
	<input type="checkbox"/>	rigid adherence to specific, nonfunctional routines or rituals		
	<input type="checkbox"/>	repetitive motor mannerisms (e.g., hand or finger flapping or twisting, or complex whole-body movements)		
	<input type="checkbox"/>	persistent preoccupation with parts of objects		
<input type="checkbox"/>	<input type="checkbox"/>	98. stutters		

- \_\_\_ 99. feel tired during the day
- \_\_\_ 100. feel cold when others feel fine or they are warm
- \_\_\_ 101. often feel warm when others feel fine or they are cold
- \_\_\_ 102. problems with brittle or dry hair
- \_\_\_ 103. problems with dry skin
- \_\_\_ 104. problems with sweating
- \_\_\_ 105. problems with chronic anxiety or tension

Thy 2

- 
- \_\_\_ 106. Has difficulty learning math facts
  - \_\_\_ 107. Poor math grades or test scores
  - \_\_\_ 108. Has difficulty with abstract concepts and reasoning
  - \_\_\_ 109. Has difficulty remembering
  - \_\_\_ 110. Makes spelling errors in written assignments
  - \_\_\_ 111. Needs words repeated when taking spelling tests
  - \_\_\_ 112. Poor spelling grades or test scores
  - \_\_\_ 113. Has difficulty reading or spelling phonetically
  - \_\_\_ 114. Has difficulty sounding out unknown words
  - \_\_\_ 115. Poor reading grades or test scores
  - \_\_\_ 116. Avoids reading
  - \_\_\_ 117. Reading is slow or choppy
  - \_\_\_ 118. Complains about eye strain or fatigue
  - \_\_\_ 119. Squints, blinks or rubs eyes when reading
  - \_\_\_ 120. Skips words or lines when reading
  - \_\_\_ 121. Poor reading comprehension
  - \_\_\_ 122. Reverses letters or words
  - \_\_\_ 123. Has difficulty hearing
  - \_\_\_ 124. Has poor handwriting
  - \_\_\_ 125. Has poor coordination
  - \_\_\_ 126. Has difficulty writing a paper
  - \_\_\_ 127. Makes grammatical errors
  - \_\_\_ 128. Has poor vocabulary



# Child/Teen Brain System Checklist

Parents please rate your child or teen on each of the symptoms listed below using the following scale. If possible, to give us the most complete picture, have the child or teen rate him/herself as well. **For young children it may not be practical to have them fill out the questionnaire.** Use your best judgment and do the best you can.

	0	1	2	3	4	NA	
	Never	Rarely	Occasionally	Frequently	Very Frequently	Not Applicable/Not Known	
Ch/Tn	Parent						
___	___	1.	Fails to give close attention to details or makes careless mistakes				
___	___	2.	Trouble sustaining attention in routine situations (i.e., homework, chores, paperwork)				
___	___	3.	Trouble listening				
___	___	4.	Fails to finish things				
___	___	5.	Poor organization for time or space (such as backpack, room, desk, paperwork)				
___	___	6.	Avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort				
___	___	7.	Loses things				
___	___	8.	Easily distracted				
___	___	9.	Forgetful				
___	___	10.	Poor planning skills				
___	___	11.	Lack clear goals or forward thinking				
___	___	12.	Difficulty expressing feelings				
___	___	13.	Difficulty expressing empathy for others				
___	___	14.	Excessive daydreaming				
___	___	15.	Feeling bored				
___	___	16.	Feeling apathetic or unmotivated				
___	___	17.	Feeling tired, sluggish or slow moving				
___	___	18.	Feeling spacey or "in a fog"				8/6/4
<hr/>							
___	___	19.	Fidgety, restless or trouble sitting still				
___	___	20.	Difficulty remaining seated in situations where remaining seated is expected				
___	___	21.	Runs about or climbs excessively in situations in which it is inappropriate				
___	___	22.	Difficulty playing quietly				
___	___	23.	"On the go" or acts as if "driven by a motor"				
___	___	24.	Talks excessively				
___	___	25.	Blurts out answers before questions have been completed				
___	___	26.	Difficulty awaiting turn				
___	___	27.	Interrupts or intrudes on others (e.g., butts into conversations or games)				
___	___	28.	Impulsive (saying or doing things without thinking first)				<3 8/6/4
<hr/>							
___	___	29.	Excessive or senseless worrying				
___	___	30.	Upset when things do not go your way				
___	___	31.	Upset when things are out of place				
___	___	32.	Tendency to be oppositional or argumentative				
___	___	33.	Tendency to have repetitive negative thoughts				
___	___	34.	Tendency toward compulsive behaviors				
___	___	35.	Intense dislike for change				
___	___	36.	Tendency to hold grudges				
___	___	37.	Trouble shifting attention from subject to subject				
___	___	38.	Trouble shifting behavior from task to task				
___	___	39.	Difficulties seeing options in situations				

- 40. Tendency to hold on to own opinion and not listen to others  
— 41. Tendency to get locked into a course of action, whether or not it is good  
— 42. Needing to have things done a certain way or you become very upset  
— 43. Others complain that you worry too much  
— 44. Tend to say no without first thinking about question  
— 45. Tendency to predict fear

ACG 10/7/4

- 46. Frequent feelings of sadness  
— 47. Moodiness  
— 48. Negativity  
— 49. Low energy  
— 50. Irritability  
— 51. Decreased interest in others  
— 52. Decreased interest in things that are usually fun or pleasurable  
— 53. Feelings of hopelessness about the future  
— 54. Feelings of helplessness or powerlessness  
— 55. Feeling dissatisfied or bored  
— 56. Excessive guilt  
— 57. Suicidal feelings  
— 58. Crying spells  
— 59. Lowered interest in things usually considered fun  
— 60. Sleep changes (too much or too little)  
— 61. Appetite changes (too much or too little)  
— 62. Chronic low self-esteem  
— 63. Negative sensitivity to smells/odors

DLS 10/7/4

- 64. Frequent feelings of nervousness or anxiety  
— 65. Panic attacks  
— 66. Symptoms of heightened muscle tension (headaches, sore muscles, hand tremor)  
— 67. Periods of heart pounding, rapid heart rate or chest pain  
— 68. Periods of trouble breathing or feeling smothered  
— 69. Periods of feeling dizzy, faint or unsteady on your feet  
— 70. Periods of nausea or abdominal upset  
— 71. Periods of sweating, hot or cold flashes  
— 72. Tendency to predict the worst  
— 73. Fear of dying or doing something crazy  
— 74. Avoid places for fear of having an anxiety attack  
— 75. Conflict avoidance  
— 76. Excessive fear of being judged or scrutinized by others  
— 77. Persistent phobias  
— 78. Low motivation  
— 79. Excessive motivation  
— 80. Tics (motor or vocal)  
— 81. Poor handwriting  
— 82. Quick startle  
— 83. Tendency to freeze in anxiety provoking situations  
— 84. Lacks confidence in their abilities  
— 85. Seems shy or timid  
— 86. Easily embarrassed  
— 87. Sensitive to criticism  
— 88. Bites fingernails or picks skin

BG 10/7/4

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—	—	89.	Short fuse or periods of extreme irritability	
—	—	90.	Periods of rage with little provocation	
—	—	91.	Often misinterprets comments as negative when they are not	
—	—	92.	Irritability tends to build, then explodes, then recedes, often tired after a rage	
—	—	93.	Periods of spaciness or confusion	
—	—	94.	Periods of panic and/or fear for no specific reason	
—	—	95.	Visual or auditory changes, such as seeing shadows or hearing muffled sounds	
—	—	96.	Frequent periods of deja vu (feelings of being somewhere you have never been)	
—	—	97.	Sensitivity or mild paranoia	
—	—	98.	Headaches or abdominal pain of uncertain origin	
—	—	99.	History of a head injury or family history of violence or explosiveness	
—	—	100.	Dark thoughts, may involve suicidal or homicidal thoughts	
—	—	101.	Periods of forgetfulness or memory problems	TLS 8/6/4

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Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Guardian Signature:

(if under age 18)

Date: \_\_\_\_\_

Emergency Contact:

Phone # \_\_\_\_\_

For Office Use Only:

Reviewed by: \_\_\_\_\_

Date: \_\_\_\_\_

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## PHQ-9 & GAD-7

Today's Date: \_\_\_\_\_ Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

### PHQ-9-Patient Health Questionnaire

Over the <u>last 2 weeks</u> , on how many days have you been bothered by any of the following problems?	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
2. Feeling down, depressed or hopeless	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
3. Trouble falling or staying asleep, or sleeping too much	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
4. Feeling tired or having little energy	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
5. Poor appetite or over eating	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
6. Feeling bad about yourself-or that you are a failure or have let yourself or your family down	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
7. Trouble concentrating on things, such as reading the newspaper or watching television	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
8. Moving or speaking so slowly that other people could have noticed, or the opposite-being so fidgety or restless that you have been moving around a lot more than usual	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
9. Thoughts that you would be better off dead, or of hurting yourself	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
<b>Add the score for each column</b>		+	+	

<b>Total Score (add your column scores)</b>	
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If you checked off any problems, how difficulty have these made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all \_\_\_\_\_ Somewhat difficult \_\_\_\_\_ Very difficult \_\_\_\_\_ Extremely difficult \_\_\_\_\_

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## PHQ-9 & GAD-7

### GAD-7

#### Generalized Anxiety Disorder 7-item scale

Over the <u>last 2 weeks</u> , on how many days have you been bothered by any of the following problems?	Not at all	Several days	More than half the days	Nearly every day
1. Feeling nervous, anxious, or on edge	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
2. Not being able to stop or control worrying	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
3. Worrying too much about different things	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
4. Trouble relaxing	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
5. Being so restless that it's hard to sit still	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
6. Becoming easily annoyed or irritable	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
7. Feeling afraid as if something awful might happen	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
<b>Add the score for each column</b>		+	+	

<b>Total Score (add your column scores)</b>	
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**If you checked off any problems, how difficulty have these made it for you to do your work, take care of things at home, or get along with other people?**

Not difficult at all \_\_\_\_\_ Somewhat difficult \_\_\_\_\_ Very difficult \_\_\_\_\_ Extremely difficult \_\_\_\_\_

Source: Spitzer, RL, Kroenke K, Williams JBW, Loew B. A brief measure for assessing generalized anxiety disorder. *Arch Intern Med.* 2006; 166:1092-1097

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